

**Follow Me:
The Slow, Humbling, Joy-Filled Journey of Discipleship**

[Luke 10:38-42] Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. 39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. 40 But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me." 41 But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, 42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

Being Before Doing

The Tyranny of Hurry

Following the Crucified, Not the Comfortable

Redefining Success

Embracing Limits

Discovering the Treasures of Grief and Loss

We Can't Skip the Inner Work

The Slow Work of Transformation

The Invitation